

## SACH FOOT

SACH is the acronym for solid ankle cushion heel. The foot is made of wood and rubber. A rubber shell that is flexible surrounds a wooden core. The bulk of the rubber shell is in the heel and the mid and forefoot areas (where the toes are). When the amputee walks, the heel compresses and the toe area bends, giving the amputee a more natural walk.

The SACH foot is usually prescribed for the moderately active to less active amputees, although patients of all activity levels can wear this type of foot and are very satisfied. The SACH foot is a quality foot that is maintenance free. Care should be taken to minimize exposure to moisture, which can cause the foot to deteriorate.



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