

Prosthetic Foot Choices

There are many options and manufacturers for prosthetic feet on the market today. The type of foot being used depends on the patient's weight, activity level, occupation, hobbies, and funding. The basic categories of feet are SACH, single axis, multi-axial, and energy storage.

1. [SACH](#) (solid ankle cushioned heel) – the most common foot used in prosthetics. The SACH foot is dependable, inexpensive, and low in maintenance.
2. Single Axis – a single axis foot is generally used when knee stability is needed. This would commonly be used on an above knee prosthesis.
3. Multi-axial – a multi-axial foot allows the wearer to walk on uneven terrain. The foot allows the anatomical motions of the foot (dorsiflexion, plantarflexion, inversion, and eversion). For more information on multi-axial feet visit:
 - [College Park Feet](#)
 - [Endolite Feet](#)
 - [Flex Feet](#)
 - [Otto Bock / Springlite Feet](#)
 - [SAFE Foot](#)
4. Energy storage – this foot may also be referred to as a dynamic response foot. This foot provides active push off that propels the user forward. It provides a smooth gait with less energy expenditure. This foot is often used with the more active patient. For more information on energy storage feet visit:
 - [Endolite Feet](#)
 - [Flex Feet](#)
 - [Otto Bock / Springlite Feet](#)
 - [Seattle Feet](#)

<p>Bannockburn 2101 Waukegan Road, Suite 104 Bannockburn, IL 60015 847-444-0690</p> <p>Naperville 1551 Bond St., Suite 111 Naperville, IL 60563 630-637-4638</p>	<p>Lincoln Park/Chicago 2551 N. Clark St., Suite 200 Chicago, IL 60614 773-472-3663</p> <p>Oakbrook Terrace 1S376 Summit Ave., Ct. E Oakbrook Terrace, IL 60181 630-424-0392</p>	<p>Rush/Chicago 1725 W. Harrison St., Suite 220 Chicago, IL 60612 312-942-2011</p> <p>Oak Park 401 Harrison Street Oak Park, IL 60304 708-383-2257</p>	<p>UIC/Chicago 1740 W. Taylor St. Room C100 Chicago, IL 60612 312-996-6450</p> <p>Schaumburg 1701 E. Woodfield Rd., Ste 555 Schaumburg, IL 60173 847-619-1701</p>	<p>Hickory Hills 8641 W. 95th St. Hickory Hills, IL 60457 708-599-8336</p> <p>Schererville 6629 W. Lincoln Hwy. (Rt. 30), Suite 1 PO Box 507 Schererville, IN 46375 219-864-9501</p>
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